

## Watch New Year's Countdowns Around the World and Jump Start Your Green Resolutions December 31, 2009

A New Year's resolution is something that goes in one year and out the other, as the saying goes. So start by staying home tonight and watch [Earthcam](#) to see New Year's Eve celebrations in 35 locations around the world. [Earthcam](#) will webcast the LED ball drop in Times Square from various viewpoints among the crowd of one million gathered for the world's largest party. So save fuel, throw a green party and make your green goals for Twenty Ten. Many resolutions fade by Valentine's Day and 97 percent are abandoned within the year. How do you avoid becoming a stat?



Since the majority of 2010 lists will include a greener lifestyle, here's some tips for keeping resolutions:

1. Make it measurable. Get a gizmo to track energy and/or a gadget to reduce energy.
2. Be accountable. Review progress with another at intervals throughout the year.
3. Do just one thing for 21 days, the supposed magic number for creating a new habit.
4. Don't bite off more than you can choose. Make goals incremental, increase gradually.
5. Avoid burnout. Make goal achievable. Break it down monthly.
6. Keep the end result in mind. Post your list for others to see.
7. Stay optimistic whether you choose to reduce your footprint by saving energy, starting composting, buying offsets, driving less, choosing renewables, or all of the above.

Though diets are the number one resolution, instead of just losing weight, why not resolve to eat healthier, reduce meat eating, choosing fair trade, and/or buying bulk food with less packaging. Take a green slant to your goals and apply the suggestions above to make them reachable, doing it all gradually to ensure success.

As you watch [Earthcam's](#) streaming video/audio feeds and see 2010 get closer in real time around the globe celebrating the end of the zero-zeroes, from Moscow, Thassos, Prague, London, Buenos Aires, Montreal, Miami, Las Vegas, San Francisco, and Seattle's Space Needle, resolve that resolutions are a commitment, not a wish list.

If you're out you can catch it happening on your iPhone and other mobile devices, too. Besides the midnight hour, [Earthcam](#) webcasts include the Foucault Pendulum at the University of Heidelberg, Germany, the Eiffel Tower and other landmarks, plus views of ant farms, beehives, cities, streets, beaches, and bridges.

See how the last few years' resolutions compare below. Have we made progress?